

7

スタジオレッスンスケジュール



スポーツセラピーウェル
(0824) 62-8501

	月	火	水	木	金	土	
	1 13:30~14:00 14:10~14:50 15:00~15:50 19:00~19:40	2 18:20~19:00 19:10~19:50	3 10:30~11:00 13:30~14:00 14:10~15:00	4 15:00~15:30 15:40~16:30 16:40~17:30 19:00~19:50	5 10:30~11:20 19:00~19:50	6 15:00~15:50 16:00~16:50	
7	8 13:30~14:00 14:10~14:50 15:00~15:50 19:00~19:40	9 19:00~19:50	10 10:30~11:00 13:30~14:00 14:10~15:00 19:00~19:30	11 15:00~15:30 15:40~16:30 16:40~17:30 19:00~19:50	12 10:30~11:20 15:00~15:30 19:00~19:50	13 11:00~11:45	
14	15	16 18:20~19:00 19:10~19:50	17 10:30~11:00 13:30~14:00 14:10~15:00 19:00~19:40	18 15:00~15:30 15:40~16:30 16:40~17:30 19:00~19:50	19 10:30~11:20 19:00~19:40	20 10:30~11:00 15:00~15:50 16:00~16:50	
21	22 13:30~14:00 14:10~14:50 15:00~15:50 19:00~19:40	23 18:20~18:50 19:00~19:50	24 10:30~11:00 13:30~14:00 14:10~15:00 19:00~19:30	25 15:00~15:30 15:40~16:30 16:40~17:30 19:00~19:50	26 10:30~11:20 15:00~15:40 19:00~19:40	27	
28	29 13:30~14:00 14:10~14:50 15:00~15:50 19:00~19:40	30 19:00~19:50	31 10:30~11:00 13:30~14:00 14:10~15:00 19:00~19:40				

