

# 1

# スタジオレッスンスケジュール



スポーツセラピーウェル  
(0824) 62-8501

	月	火	水	木	金	土
	1	2	3	4	5	6
7	8	9 15:00~15:30 19:00~19:50	10 10:00~10:30 13:30~14:00 14:10~15:00 19:00~19:30	11 15:00~15:30 15:40~16:30 16:40~17:30 19:00~19:50	12 10:00~10:50 19:00~19:40	13 15:00~15:30
14	15 13:30~14:00 14:10~14:50 15:00~15:50 19:00~19:40	16 18:20~19:00 19:10~19:50	17 10:00~10:30 13:30~14:00 14:10~15:00 19:00~19:30	18 15:00~15:30 15:40~16:30 16:40~17:30 19:00~19:50	19 10:00~10:50 19:00~19:40	20 10:00~10:30
21	22 13:30~14:00 14:10~14:50 19:00~19:40	23 15:00~15:30 19:00~19:50	24 10:00~10:30 13:30~14:00 14:10~15:00 19:00~19:30	25 15:00~15:30 15:40~16:30 16:40~17:30 19:00~19:50	26 10:00~10:50 19:00~19:40	27 15:00~15:50 16:00~16:50
28	29 13:30~14:00 14:10~14:50 15:00~15:50 19:00~19:40	30	31 10:00~10:30 13:30~14:00 14:10~15:00			

